



Be a FAN for Your Church's Health!

FAN supports churches to:

- increase opportunities for physical activity and healthy eating,
- create guidelines for physical activity and healthy eating,
- engage church leaders in FAN goals and support their health, and
- share health messages with members.

Want to help your congregation become healthier?

FREE ENROLLMENT IS OPEN NOW!

*Faith, Activity, and Nutrition (FAN) training is now **available online**.

FAN has helped more than 200 churches become stronger in health.

This effective program is included in the National Cancer Institute's Research Tested Intervention Programs.

FAN Online Training includes 8 engaging lessons. You'll also receive **free resources** to support members in preventing chronic disease and improving health outcomes.

“Physical activity is so important for our mental and emotional health right now.” –FAN Coordinator

Sign up for FAN Today!

Visit prevention.sph.sc.edu/projects/fantraining.htm to learn more.



*“Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.”
III John 1:2 (NKJV)*

CONTACT US



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877-971-5259

*FAN is offered through a research study at the University of South Carolina Prevention Research Center. Participation is open to churches in the U.S.